

DISTRICT FEVER POLICY AND “GOOD HEALTH” REMINDERS

District policy reflects the recommendations of the Centers for Disease Control for controlling the spread of flu and other communicable diseases.

If a student has a fever of 100 degrees or more during the school day, a parent or guardian will be required to pick up the student. School clinics are not equipped to keep an ill student for a prolonged period of time. If a parent is unable to pick up a child, another adult may be authorized to do so in emergencies by notifying the School Nurse or the Attendance Office.

Parents who plan to be out of town should verify that their child’s school has current Emergency Contact information on file. Parents are strongly encouraged to provide in writing when you will be gone, where you may be contacted during your trip, and who may pick up your child in your absence.

Please remember that students must be fever-free for 24 hours before returning to school, without the aid of fever-reducing medications (i.e., Tylenol, Advil, cold medications containing acetaminophen). **The CDC defines fever as 100 degrees or more.** Thus, a student who has a temperature of 100 or more in the evening should not attend school the next day.

Many illnesses including flu become more prevalent in the winter months. To help attendance levels in DSISD remain at high levels and promote a healthy environment in our schools, parents are asked to follow healthy habits and encourage their children to do the same. These simple everyday guidelines can help prevent the spread of germs:

- ▶ Cover coughs and sneezes with a tissue. Throw the tissue in the trash after you use it.
- ▶ Stay away from people who are sick.
- ▶ Wash hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- ▶ Avoid touching your eyes, nose and mouth. Germs spread this way.
- ▶ If someone in the household is sick, try to keep the sick person in a separate room from others in the household, if possible.
- ▶ Keep surfaces like bedside tables, surfaces in the bathroom, kitchen counters and toys for children clean by wiping them down with a household disinfectant according to directions on the product label.
- ▶ Stay up-to-date on vaccinations including annual flu shots.