



SYCAMORE SPRINGS MIDDLE SCHOOL  
2022-2023  
BOYS'/GIRLS' ATHLETIC INFORMATION



### sportsYou

- All important information will be sent out via sportsYou. If you haven't joined please download the app or go to [www.sportyou.com](http://www.sportyou.com) and use the following codes.
  - Boy's Access Code - 47M5A286
  - Girl's Access Code - LVVJP84H

### PHYSICALS, FORMS AND FEE

- All 7<sup>th</sup> & 8<sup>th</sup> grade athletes enrolled in athletic classes must have a Sports Physical. The original form should be signed by a doctor, a parent and a student and turned in to their coach by the first day of school.
  - **Students are not allowed to try out/practice without a physical.**
- Online UIL Athletic Forms (Register My Athlete) must be completed before the first game. See information & link at [DSISD website/Athletics Dept/Forms page](#). An email and notification on SportsYou will be sent out when the link goes live please complete all sections except the physical & medical history.
- MS Athletes must pay an extra-curricular participation fee after the first day of school (amount TBD). This fee may be paid online through Skyward Family Access. For more information contact the Athletic Office at (512) 858-3037, the participation fee must be paid before competing in the first scheduled game/meet.

### ATHLETIC PERIOD & STRENGTH AND CONDITIONING

- Any student wishing to try-out or participate in Football, Volleyball or Basketball must be enrolled in the athletic class period and will be expected to try-out in 2 of the 3 sports (Football/Volleyball, Basketball or Track).
- Students do not have to be enrolled in the athletic class period for Cross Country, Track, Tennis, Soccer or Golf, but are encouraged to enroll in Strength and Conditioning Class. These athletes must also have a physical on file and complete Athletic Forms through Register My Athlete.
- Approximate seasons for each sport: Football/Volleyball and Cross Country – August, September and October. Basketball - November, December and January. Track – February and March. Tennis, Soccer and Golf – March, April and May.

## **ALL BOY ATHLETES & FOOTBALL**

- **Pad Pickup/Forms Drop-off in the MS Athletic building.**

- TBD (a notification will be sent out via sportsYou)

**We supply all equipment, but cleats need to be purchased separately.**

## **Volleyball Tryout Information and Dates**

- **Information will be sent out via sportsYou**

*Those trying out for volleyball must supply their own knee pads & shoes.*

*Black spandex may be worn for tryouts, but DS spandex must be purchased for \$30/pair once making a team.*

### **General Information:**

- Link to purchase athletic clothing <https://ssms22.itemorder.com/shop/sale/>
  - Deadline to pre-order is July 1st
- Athletes must purchase at least one athletic t-shirt and shorts.
- Athletic shirts and shorts are required and must be worn during the class period and at practices. Athletes **may not** wear their personal shorts with the athletic t-shirt.

### **Contact Information for Sycamore Springs Athletics:**

Coordinator: Neal Pilcik

(512) 858-3653

[neal.pilcik@dsisdtx.us](mailto:neal.pilcik@dsisdtx.us)

Syc'em Tigers!! MS Coaches are looking forward to a successful year in 2022-2023!

**Please consider joining our SSMS Booster Club!**

Helpful information, gear and more can be found at [ssmsathletics.com](http://ssmsathletics.com)