



DSISD Elementary

20-21 LIM/SEL Year at a Glance

Topic Overview

Month	8 Habits	SEL Core Comp	Counselor Curriculum
August	5 Core Paradigms	Relationship Skills	WELCOME All Classes / Growth Mindset/Belonging
September	Habit 1 - Be Proactive	Self-Management	WELCOME All Classes Growth Mindset / Belonging / Balancing Life / Mindfulness
October	Habit 2- Begin with the End in Mind	Self-Management	Self-Regulation / Coping Skills Flipping Your Lid and Zones / Mindfulness
November	Habit 3 - Put First Things First	Self-Awareness/Self-Management	Personal Safety / Healthy Habits / Drug & Alcohol Awareness
December	Habit 4 - Think Win Win	Responsible Decision Making	Conflict Resolution / Bullying Awareness & Education
January	Habit 4 - Think Win Win	Relationship Skills	Friendship / Cooperation / Empathy
February	Habit 5 - Seek First to Understand...	Social Awareness	Acceptance / Kindness / Respect
March	Habit 6 - Synergize	Relationship Skills	Teamwork / Fairness
April	Habit 7 - Sharpen the Saw	Self-Awareness	Career Exploration
May	Habit 8 - Find Your Voice	Social Awareness	Communication Skills / Gratitude / Perseverance / Transition