

March 24, 2022

Attendance (see below)

Members:

Justin Hudman- parent (Chair)

Amanda Luddy- parent and elementary PTA representative (Secretary)

DSISD liaisons:

Karen Kidd- DSISD Administrator/ organizer (Assistant Superintendent)

Tisha Kolek- Director of SEL and Health Services

Robin Reed- District traveling nurse

Yvonne Boulosa- DSE Assistant principal

Kristen Ray- Director of elementary curriculum

Katie - Science/Math Curriculum coordinator

Mandy Turner- ELA/SS Curriculum coordinator

17:32

Call to order- Justin Hudman

Attendance taken, quorum not established, no action items

17:33 Agenda #1: Physical Activity Programming and Requirements- Kristen Ray

- 4-fold approach: Physical programming, PE, Science, social studies

17:35 Agenda #2: Health Curriculum Updates and Review- Kristen Ray, Katie, Mandy Turner

- Natural occurrence for mindfulness to be interjected in all things- might not see specifics spelled out, but it is part of the culture/classroom management, strategies and protocols
- Ex., Management of stress- breathing techniques, calming corner
- Events- Healthy Habits, Red Ribbon addresses many TEKS
- Counseling and MHPs teaching staff around concepts of mindfulness and stress reduction. Leader and Life changers- 4 strands of focus in SEL
- Morning meetings: address needs
- Digital citizenship: FLIs have developed comprehensive digital citizenship curriculum that covers preK-5: media balance, internet safety, privacy and security, digital footprint and reputation, creative credit and copyright
- Standards that may be listed in one spot doesn't mean it's not being covered somewhere else also.
- Rework and align the portrait of an elementary student in well-being.
- Sara's feedback:
 - identify and define bullying in all grades.- is covered in health TEKS
 - Tisha: culture of the campus- counselors work with students to develop healthy relationship skills, balance and boundaries, using their voice, self awareness as well as how they impact others, but it happens all over campus with all staff. Also incorporate richness in skill development in the

- counselors state competencies. Care classes do direct teach, whole school, groups, individuals, refer to specialists
- Demonstrate consideration when communicating with individuals who communicate in unique ways such as speech defect, non-English speaker or deaf, or differently abled
 - Tisha: inclusive week. Teaching to recognize strengths and deficits in each individual. Mandy: ELA, student communication and oral language. Standards include effective communication, peer-to-peer relationship building, respectfulness
- Victim at home, having a safe space - health TEKS, Care Class- “See something, say something” shifted to “I can’t help you unless you tell me how.”
- Self harm, suicide prevention- counseling curriculum, WIN time small group lessons also hotline of the back of badge for immediate crisis support
- Respecting Physical space of others, not touching without permission- a lot of conversations early on address this.
 - Kristen: can show PBAS to the SHAC committee

1800: Discussion

- Justin: What do teachers feel is needed?
- New course in 6th grade called Huddle- own curriculum, health TEKS, cyber security, suicide prevention, life skills. Hoping to advance this curriculum in 7th grade.
- Mandy: Fall of 2022, new set of Health TEKS will be adopted, what we’re reviewing is the current TEKS that will be expiring.
- Dr. Kidd: Is there a crosswalk that addresses gaps between the two Health TEKS?
- Q: Health decisions: food pyramid still relevant? My plate is standard... A: science teachers are showing the food pyramid but then teaching to My Plate, the verbiage is just outdated.
- Science TEKS were just adopted and will go into effect in the 2023-2024 school year. Currently working on a crosswalk
- Could recommend adding Health credit back as a requirement for HS graduation. Health and speech were coupled, each 0.5 credit. Reached out to surrounding districts to see if they were requiring it. Can see what other courses meet the requirements of a health credit. 11 districts in our surrounding area, 9 of those have the potential to require health locally. Opportunity to capture topics that are currently one-offs such as CPR training, counseling, mental health
- Q: would love to also add financial health. A: Financial literacy now imbedded in Math TEKS, SS teaches economics
- Justin and Amanda: in favor of adding 1 credit of health

Tisha: Restorative Matrix example- Tier 1,2,3

- Behaviors, intervention menu
- This is an example of how we’re managing some of the concerns Sara had.

Questions for our experts before they’re released:

- Q: Health Information and Technology: describing the importance of accessing health information through a variety of health resources (through technology)-- what does this look like? Is there a focus on reputable sources, etc.? A: digital citizenship, how to recognize reputable sources, recognizing .org, .edu, etc. Also covered in ELA when they teach research skills, science and math also do research and determine credible and trusted sources. Edutyping junior- teaches appropriate sources.

18:20 Agenda #3: Preparing Board Recommendations

- Recommendation could be for the next SHAC committee to take the crosswalk and review the gaps in the Health TEKS
- Recommend 1 credit of health requirement to graduate.
- Review last year recommendations to see if any needed to be carried forward this year.