











HIGH SCHOOL "AT A GLANCE" MENU 2021-2022

 	MONDAY General Tso's Chicken Stir Fry Chicken/Mini Eggroll (Served the Week of Aug. 16, Sept. 6, 27, Oct. 18, Nov. 8, Dec. 6, Jan. 10, 31, Feb. 21, Mar. 21, April 11, May 2, 23)	TUESDAY Chicken Fettuccine Alfredo Pasta & Meat Sauce (Served the Week of Aug. 23, Sept. 13, Oct. 4, 25, Nov. 15, Dec. 13, Jan. 17, Feb. 7, 28, Mar. 28, April 18, May 9)	WEDNESDAY Build Your Own Burrito Ground Beef/Grilled Chicken (Served the Week of Aug. 30, Sept. 20, Oct. 11, Nov. 1, 29, Jan. 3, 24, Feb. 14, Mar. 7, April 4, 25, May 16)	THURSDAY Chicken Fried Steak Chicken Smackers (Served the Week of Aug. 30, Sept. 20, Oct. 11, Nov. 1, 29, Jan. 3, 24, Feb. 14, Mar. 7, April 4, 25, May 16)	FRIDAY Beef or Cheese Enchiladas Taco Salad Bowl Student Lunch: \$3.95	  	
	Tangerine Chicken Asian Chicken (Served the Week of Aug. 23, Sept. 13, Oct. 4, 25, Nov. 15, Dec. 13, Jan. 17, Feb. 7, 28, Mar. 28, April 18, May 9)	Chicken Parmesan Bow Tie Pasta w/Chicken (Served the Week of Aug. 23, Sept. 13, Oct. 4, 25, Nov. 15, Dec. 13, Jan. 17, Feb. 7, 28, Mar. 28, April 18, May 9)	Crispy Beef Tacos Nachos Supreme (Served the Week of Aug. 23, Sept. 13, Oct. 4, 25, Nov. 15, Dec. 13, Jan. 17, Feb. 7, 28, Mar. 28, April 18, May 9)	BBQ Chicken Rib Sandwich (Served the Week of Aug. 23, Sept. 13, Oct. 4, 25, Nov. 15, Dec. 13, Jan. 17, Feb. 7, 28, Mar. 28, April 18, May 9)	Hamburger/Cheeseburger All Beef Hotdog Adult/Visitor: \$3.95		
	Cherry Blossom Chicken Stir Fry Chicken/Mini Eggroll (Served the Week of Aug. 30, Sept. 20, Oct. 11, Nov. 1, 29, Jan. 3, 24, Feb. 14, Mar. 7, April 4, 25, May 16)	Pasta/Sausage/Meatballs Cheese Ravioli (Served the Week of Aug. 30, Sept. 20, Oct. 11, Nov. 1, 29, Jan. 3, 24, Feb. 14, Mar. 7, April 4, 25, May 16)	Taco Salad Bowl Beef Quesadilla (Served the Week of Aug. 30, Sept. 20, Oct. 11, Nov. 1, 29, Jan. 3, 24, Feb. 14, Mar. 7, April 4, 25, May 16)	Chicken Fried Steak Chicken Smackers (Served the Week of Aug. 30, Sept. 20, Oct. 11, Nov. 1, 29, Jan. 3, 24, Feb. 14, Mar. 7, April 4, 25, May 16)	BBQ Sausage Pulled Pork Sandwich (Served the Week of Aug. 30, Sept. 20, Oct. 11, Nov. 1, 29, Jan. 3, 24, Feb. 14, Mar. 7, April 4, 25, May 16)		
	Pepperoni Bosco Sticks Chicken Breast Sandwich Chicken Chunks (Regular or Spicy)	Grilled 100% Beef Burger Grilled Chicken Sandwich Black Bean Burger Popcorn Chicken	Chicken Breast Sandwich (Regular or Spicy) Loaded Potato Skins Popcorn Chicken	Grilled 100% Beef Burger Grilled Chicken Sandwich Black Bean Burger Chicken Chunks (Reg/Spicy)	Baked Cheesy Bread Chicken & Waffles Chicken Tenders (Regular & Spicy)		
	"Make-Your-Own" Salad from the Salad Bar, "Made-to-Order" Toasted Sandwiches from Clean Label Meats, Pasta Salads, Baked Potatoes w/toppings Croissant Sandwiches, Sandwich Wraps, Bahn Mi Sandwiches, Assorted Soups, Yogurt Parfaits, Fresh Fruit & Veggie Bowls (Pricing found on our Website)						
	Daily Variety of Pizza Selections: Cheese, Pepperoni, Sausage, 3 Meat, Pineapple & Canadian Bacon, Veggie, Spinach & Cheese, Margarita, Pesto and More! Grab and Go Offerings Every Day !!! Fresh Fruit, Fruit Cups, Small Green Salad and Fresh Veggie Options Make it a Reimbursable Meal Combo by Choosing: Slice of Pizza, up to 3 Fruits and/or Veggies, 8 Oz. Milk or Water.....\$3.95 Pizza Only.....\$2.50 per Slice Or Two Slices for \$4.25						
	Daily Breakfast Options: Breakfast Tacos, English Muffin Sandwich, Pancakes, Cinnamon Rolls, Assorted Kolaches, French Toast, Sausage & Cheese Biscuit Breakfast A La Carte Options (varies daily): Assorted Croissant Sandwiches, Assorted Muffins, Breakfast Tacos Student Breakfast: \$1.90 Adult & Visitor: \$2.00 Entrée only: \$1.50 Breakfast Tacos: \$1.50						
	Breakfast: Smoothies, Frappuccinos, Coffee, Tea, Hot Chocolate, WG Muffins, Breakfast Tacos, Oatmeal Bars, Fresh Fruit, Yogurt, Yogurt Parfaits Lunch: Chicken Tenders, Baked Cheesy Bread, Gourmet Pizza, Grilled Paninis, Flautas, Sushi, Egg Rolls FROZEN YOGURT! Variety of Toppings						

PayPams: All students are on a computerized account system. Parent Account Management System (PAMS) offers parents a safe and convenient way to pay for meals online with free service available 24/7. To register or make a payment visit [paypams.com](http://www.paypams.com) or call PAMS at (877)726-7586. For more Child Nutrition information, policies and pricing please visit www.dsisdtx.us.

Job Opportunity: Interested in earning extra money while your child is in school as a Child Nutrition Specialist or Substitute Specialist? Benefits and flexible schedules. Please contact:

John P. Crowley, MS RDN LD - Director of Child Nutrition (512)858-3049 Pam Ayers - HS Cafeteria Manager (512)858-3110 Virginia Moreno - HS Cafeteria Asst. Mgr. (512)858-3110
 Nanci Freeborg - CN Supervisor (512)858-3048 nanci.freeborg@dsisdtx.us Danette Contreras - CN Administrative Assistant (512)858-3057 danette.contreras@dsisdtx.us

"Menu subject to change."

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