

August 2022



Dear DSISD Elementary Parents:

We in Child Nutrition Services would like to welcome your student back to school and to send a note highlighting some of the positive changes that are taking place in your student's cafeteria.

NEW & IMPROVED MENU

- Asian Chicken Meals - Tangerine and Cherry Blossom
- Italian Meals - Cheesy Baked Ziti, Cheese Calzones and Big Daddy's Hot Pocket
- Charcuterie Bowls
- Crustless Breakfast Quiche
- More GF snacks to include sunflower seeds and many Frito Lay products

MEAL APPLICATIONS

- Free & Reduced Meal applications are available online or at each campus office.
- Directly Certified (DCRT) students due to SNAP, TANF or Medicaid will receive a letter with their meal status and will not need to fill out an application to receive meal benefits.

SNACK FORMS

- New and improved snack form online or available as requested from CN Services.
- A new form **MUST** be filled out to replace the old form.
- If a form is not received, PK & Kinder students will be prohibited from purchasing snacks, extra side or entrée items. All other students will have no restrictions until a new form is received with specific parental instructions.

MEAL LINE PROCEDURES

- PK-1st grade students come through the serving line using ID badge cards; the cards are scanned, kept in the cafeteria and stored in the appropriate classroom badge holder.
- 2nd-5th grade students memorize their student ID number and punch their number into a keypad located at the cashier station. Please help your student memorize their ID number.

DID YOU KNOW?

- Fresh fruits and vegetables are offered daily - cantaloupe, honeydew, oranges, apples, bananas, grapes, kiwi, watermelon, a variety of berries - broccoli florets, baby carrots, bell peppers, cucumber slices, tomatoes, onions, fresh spinach, etc.
- Our students love *SideKicks* - a very tasty, smooth-frozen 100% fruit or vegetable juice, with no added sugars - qualifies for Smart Snacks and credits as 1/2 cup fruit or vegetable.
- Our foods are never fried.
- Our cereals are whole grain and are made with 25% less sugar.
- We offer a daily option of a baked potato meal.
- No HFC's in our milk or yogurt; aspartame free yogurt; no dye or coloring in our strawberry milk or yogurt.
- Our ice cream is made in a nut-free facility.

At Child Nutrition Services we continually look at better options for your student's health. It is a challenge to balance nutrition with what children want and what parents expect for their children. We hope you give our program a chance and that you will appreciate the changes we're implementing. If your student is already participating in the school breakfast and lunch program, thank you! We look forward to serving your student nutritious meals, made with love and served with a smile.

Welcome back and have a wonderful year!

John P. Crowley, MS RDN LD
Director of Child Nutrition