# PUBLIC NOTICE REGARDING SCHOOL HEALTH ADVISORY COUNCIL AND INFORMATION ON HEALTH ISSUES

In accordance with Education Code 28.004, the following public notice is given:

Every year the Board of Trustees appoints a local School Health Advisory Council to assist the District in ensuring that local community values and health issues are reflected in the District's health education instruction.

In accordance with recent legislation, the following information is posted on the district website www.dsisdtx.us.

#### **MEETINGS**

The School Health Advisory Council (SHAC) meets a minimum of four times a year.

#### ACCESS TO INFORMATION

Copies of Board policies can be obtained from the DSISD Superintendent's Office at (512) 858-3000 or online at <a href="www.dsisdtx.us">www.dsisdtx.us</a>. Copies of district policies governing food service guidelines and vending machine access issues can be obtained from the Director of Child Nutrition, Mr. John Crowley at (512) 858-3049.

#### PROHIBITION AGAINST TOBACCO

District policies and procedures prescribing penalties for the use of tobacco products by students can be found in the Dripping Springs ISD Student Code of Conduct. Signage at our public schools prohibits tobacco use on school campuses by both students and others. Violators may be referred to law enforcement agencies for prosecution.

### Board Policy DH (LOCAL) Employee Standards of Conduct: Tobacco Use

Employees shall not use tobacco products on District premises, in District vehicles, or at school or school-related activities. [See also GKA]

#### Board Policy FMA (LOCAL) Student Activities: School-Sponsored Publications Advertising

Advertising in individual school publications may be accepted from bona fide business firms, subject to the approval of professional employees exercising editorial supervision over the publications. Advertising deemed inappropriate for student readers or that advertises products presenting a health hazard, such as alcohol or tobacco products, shall not be accepted.

### **Board Policy FNCD (LEGAL) Student Conduct:**

#### **Tobacco Use and Possession by Students**

The Board shall prohibit students from smoking, using, or possessing tobacco products at a school-related or school-sanctioned activity on or off school property.

#### **Enforcement**

The Board shall ensure that District personnel enforce the policies on school property.

#### Board Policy GKD (LOCAL) Community Relations: Non-school Use of School Facilities

## **Required Conduct**

Persons or groups using school facilities shall:

2. Abide by all laws and policies, including but not limited to those prohibiting the use, sale, or possession of alcoholic beverages, illegal drugs, and firearms, and the use of tobacco products on school property. [See GKA]

## REQUIRED PHYSICAL ACTIVITY

Per state law, DSISD school policies require elementary school students in kindergarten through grade 5 to engage in at least 30 minutes per school day or 135 minutes per school week of physical activity. Students in grades 6-8 are required to participate in moderate or vigorous physical activity for at least 225 minutes during each period of two school weeks for at least four semesters during these grade levels.

#### Board Policy FFA (LOCAL) Student Welfare Wellness and Health Services: Physical Activity

The District shall implement, in accordance with law, a coordinated health program with physical education and physical activity components and shall offer at least the required amount of physical activity for all grades [see EHAB and EHAC]. In addition, the District establishes the following goals for physical activity:

- 1. The District will provide an environment that fosters safe and enjoyable fitness activities for all students, including those who are not participating in competitive sports.
- 2. Physical education classes will regularly emphasize moderate to vigorous activity.

## **Board Policy EHAC (LEGAL) Basic Instructional Program Required Instruction (Secondary):**

#### **Physical Activity Requirements**

The District shall require students in grades 6–8 to participate in moderate or vigorous daily physical activity for at least 30 minutes for at least four semesters during those grade levels as part of the District's physical education curriculum. The District may as an alternative require a student enrolled in a grade level for which the District uses block scheduling to participate in moderate or vigorous physical activity for at least 225 minutes during each period of two school weeks. The District must provide an exemption for:

- 1. A student who is unable to participate in the required physical activity because of illness or disability; and
- 2. A student who participates in an extracurricular activity with a moderate or vigorous physical activity component that is considered a structured activity under rules adopted by the Commissioner. The Commissioner may adopt rules permitting an exemption for a student who participates in a school-related activity or an activity sponsored by a private league or club.

Education Code 28.002(l), (l-1)

#### Board Policy EHAB (LEGAL) Basic Instructional Program Required Instruction (Elementary):

#### **Daily Physical Activity**

The District shall require students in kindergarten through grade 5 to participate in moderate or vigorous daily physical activity for at least 30 minutes throughout the school year, as part of the District's physical education program or through structured activity during a campus's daily recess. If the District determines, for any particular grade level, that requiring moderate or vigorous daily physical activity is impractical due to scheduling concerns or other factors, the District may as an alternative require a student in that grade level to participate in moderate or vigorous physical activity for at least 135 minutes during each school week. The District must provide an exemption for a student who is unable to participate in the required physical activity because of illness or disability.

Education Code 28.002(l)

#### ACCESS TO VENDING MACHINES

Recent changes to state and federal law affected district food services rules and regulations. In response, Dripping Springs ISD complies with agency vending machine and food service mandates for restricting students' access to vending machines.