

DATE: March 12, 2019

DSHS QUALIFIES THREE FOR BOYS' STATE POWERLIFTING MEET

José Rios (left), Juan Rios (center), and Ivan Venegas (right) qualified for the boys' state powerlifting competition after a strong showing at the regional meet on March 9 in Burleson. In addition to the individual places, DSHS finished third as a team in the region.

Ivan, a junior, was first place in the 132-pound class with a total of 1,200 pounds (485 squat, 275 bench press, 440 dead-lift). Juan, a junior, finished in first place in the 165-pound class with a total of 1,490 pounds (600 squat, 335 bench press, 555 dead-lift). José, a sophomore, placed third in the 114-pound class with a total of 905 pounds (365 squat, 190 bench press, 350 dead-lift).

DSHS's Steven Ansumana and Juan Venegas also competed at the regional meet, finishing in eighth and fifth place, respectively, in their weight classes.

The boys' state powerlifting meet will be held March 22-23 at the Taylor County Expo Center in Abilene.