

DATE: March 5, 2019

DSHS QUALIFIES TWO FOR STATE POWERLIFTING MEET

DSHS juniors Miracle Gray (left) and Jenni Venegas (right) qualified for the girls' state powerlifting competition after a strong showing at the regional meet on March 2 at Del Valle High School. Venegas finished third and Gray was fourth, both in the 105-pound weight class. Venegas squatted 255 pounds, bench pressed 130 pounds, and dead-lifted 240 pounds for a total of 625 pounds. Gray squatted 260 pounds, bench pressed 120 pounds, and dead-lifted 245 pounds for a total of 625 pounds. Both lifters qualified for the state meet by reaching the automatic-qualifying mark for their weight class.

DSHS's Saidee Hernandez and Rain Lozano also qualified to compete at the regional meet; they finished in 11th and 10th place respectively in their weight classes. The girls' state powerlifting meet will be held March 15-16 at the Extraco Events Center in Waco.

Five DSHS boys powerlifters will compete at the Region II - Division I meet in Burleson on Saturday, March 9.