

**NEWS
RELEASE
FROM:**

Dripping Springs

INDEPENDENT SCHOOL DISTRICT



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DSISD INTRODUCES TRANSPARENCY OF NUTRITIONAL INFORMATION

DRIPPING SPRINGS, Texas— Dripping Springs ISD is rolling out a new web-based system for sharing nutritional information on cafeteria menu items with students and parents. DSISD is now subscribing to Nutrislice, which provides digital menus that have detailed information about food content and properties. Nutrislice listings provide information about how foods are prepared and what ingredients they contain, as well as special diet information for students with restrictions.

Students and parents can go to “Menus” on the DSISD website (www.dsisdtx.us), chose a meal (breakfast/lunch/a la carte items), then hover over a specific item. Many pieces of information will appear: serving size, calories, amount of saturated fat, cholesterol, sodium, carbohydrates, fiber, sugar, protein, Vitamins A and C, calcium, and iron. The presence of eight common allergens are identified (milk, egg, wheat, soy, peanuts, tree nuts, fish, shellfish); gluten-free items also are marked. In fact, the user can go to the menu for a meal and eliminate a specific ingredient to see what options not containing that ingredient are available.

All three elementary school menus have been converted as well as the middle school. The high school conversion is expected to be complete by early October.

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